**POLITEKNIK KESEHATAN KEMENKES PADANG**

**PROGRAM SARJANA TERAPAN KEPERAWATAN-NERS**

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**Pengaruh Bermain *Puzzle* Terhadap Pekembangan Motorik Halus pada Anak Usia Prasekolah (4-6 Tahun) di TK Minang Brilint Kota Padang Tahun 2022**

Isi: xiii + 66 Halaman + 5 tabel + 15 Lampiran

# ABSTRAK

Anak usia prasekolah (4-6 tahun) disebut usia emas karena anak menjalani pertumbuhan dan perkembangan yang sangat pesat dan fundamental bagi perkembangan selanjutnya. Salah satu aspek perkembangan yang terjadi pada tahap ini yaitu motorik halus**.** Hasil studi pendahuluan ditemukan dari 20 anak 40% mengalami keterlambatan motorik halus. Penelitian ini bertujuan melihat pengaruh bermain *puzzle* terhadap perkembangan motorik halus pada anak usia prasekolah (4-6 tahun) di TK Minang Briliant Kota Padang.

Penelitian ini merupakan jenis penelitian *Pre Eksperiment* dengan rancangan *One Group Pre-Post Test Design*. Waktu penelitian dari Januari- Juni dan pengumpulan data tanggal 11 April 2022 sampai 22 April 2022. Populasi dalam penelitian ini adalah semua anak usia prasekolah (4-6 tahun) di TK Minang Briliant Kota Padang. Sampel berjumlah 20 orang yang diambil dengan total *sampling* . Jenis dan penggumpulan data yaitu data primer menggunkan lembar observasi modifikasi peraturan Permendikbud no 137 tahun 2004. Pengolahan data menggunkan komputerasi yaitu *editing, coding,entry,cleaning data, tabulating*.Uji statistik yang digunakan adalah *Wilcoxon*.

Hasil penelitian menunjukkan rata-rata perkembangan motorik halus anak sebelum bermain puzzle 27.75 dan rata-rata sesudah bermain puzzle 34.40. Terdapat pengaruh perkembangan motorik halus anak usia pras sekolah (4-6 tahun) di TK Minang Briliant Kota Padang dengan *p-value* (0,000) dan ditunjukan peningkatan rata-rata sebesar 3,650

Saran penelitian ini permainan *puzzle* dan alternatif lain seperti lego dan platisin dapat digunakan untuk meningkatkan perkembangan motorik halus anak di TK Minang Briliant Kota Padang. Serta perlu latihan kontinyu pada anak usia 4-5 yaitu membuat garis miring kiri- kanan dan meniru bentuk tanda plus pada usia 5-6 tahun

**Kata Kunci :Stimulasi,Perkembangan Anak, Motorik Halus,**

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**Playing *Puzzle* on Fine Motoric Development in Preschool Age Children (4-6 Years) at TK Minang Brilint, Padang City in 2022**

Content: xiii + 66 Pages + 5 tables + 15 Appendix

**ABSTRACT**

Preschoolers (4-6 years old) are called the golden age because children undergo very rapid growth and development and are fundamental for further development. One aspect of development that occurs at this stage is fine motor skills**.** The results of the preliminary study found that 40% of 20 children had fine motor delays. This study aims to examine the effect of playing *puzzles* on fine motor development in preschool children (4-6 years) at the Minang Briliant Kindergarten, Padang City.

This research is a type of *pre-experimental* with *One Group Pre-Post Test Design*. The time of the study was from January to June and data collection was from April 11, 2022 to April 22, 2022. The population in this study were all preschoolers (4-6 years) at the Minang Briliant Kindergarten, Padang City. The sample amounted to 20 people who were taken with a total *sampling* . The type and collection of data is primary data using an observation sheet modified by Regulation of the Minister of Education and Culture No. 137 of 2004. Data processing uses computerization, namely *editing, coding, entry, data cleaning, tabulating*. The statistical test used is *Wilcoxon*.

The results showed the average fine motor development of children before playing the puzzle was 27.75 and the average after playing the puzzle was 34.40. There is an influence on the fine motor development of preschool age children (4-6 years) at Minang Briliant Kindergarten, Padang City with a *p value* (0.000) and an average increase of 3.650

Suggestions for this research are *puzzle* and other alternatives such as lego and platysin can be used to improve the fine motor development of children in the Minang Briliant Kindergarten, Padang City. And it needs continuous practice for children aged 4-5, namely making left-right slashes and imitating the shape of a plus sign at the age of 5-6 years

**Keywords: Stimulation, Child Development,FineMotor,**

**Bibliography: 54 (2016-2022)**