## POLITEKNIK KESEHATAN KEMENKES PADANG JURUSAN KEPERAWATAN

**Skripsi, Juni 2022 Meliza Ella Qadrina**

**Hubungan Pengetahuan dan Sikap Siswa SMAN 3 Padang Dengan Tingkat Kecemasan Terhadap Covid-19**

**Isi : xii + 62 halaman, 7 tabel, 10 lampiran**

## ABSTRAK

Covid-19 adalah penyakit yang bisa menyebar melalui udara, sehingga Covid-19 tidak jarang menimbulkan kecemasan bagi penderita ataupun bagi seseorang yang sudah terkena Covid-19. Kecemasan bisa terjadi pada siapa saja terutama pada kecemasan remaja Kecemasan di Indonesia pada tahun 2018 sebanyak 6,2% atau setara dengan 11 juta orang, kecemasan di Sumatera barat mencapai 699.670 jiwa, kecemasan di kota Padang 547 jiwa 137 diantaranya adalah remaja. Salah satu penyebab kecemasan ini adalah Covid-19.

Penelitian ini adalah penelitian analitik, dengan desain *cross sectional*. Populasi pada penelitian ini adalah seluruh siswa kelas X-XI SMAN 3 Padang sebanyak 704 siswa. Pengambilan sampel dilakukan dengan cara *simple random sampling* dengan total sampel sebanyak 98 responden. Penelitian dilaksanakan pada bulan Januari-Juni 2022, dimana lokasi penelitian bertempat di SMAN 3 Padang. pengumpulan data menggunakan kuesioner. Analisis data meliputi univariat, dan bivariat.

Penelitian ini mendapatkan sebanyak 54,1% siswa merasa cemas, 56,1% responden memiliki pengetahuan kurang terkait Covid-19, dan 65,3% responden memiliki sikap negatif terkait Covid-19. Didapatkan hubungan bermakna antara pengetahuan dan kecemasan (*p-value*=0,0001), dan didapatkan hubungan bermakna antara sikap dan kecemasan (*p-value*=0,0001).

Berdasarkan hasil penelitian dapat disimpulkan bahwa pengetahuan dan sikap memberikan kontribusi pada kecemasan siswa pada masa Covid-19. Siswa disarankan untuk bisa mengendalikan rasa cemas dengan berkonsultasi dengan BK, memperkaya pengetahuan mengenai pencegahan Covid-19, dan menerapkan protokol kesehatan.

**Kata Kunci : covid-19, kecemasan, pengetahuan, sikap Daftar pustaka :45 (2009-2021)**

## HEALTH POLYTECHNIC MINISTRY OF HEALTH PADANG DEPARTMENT OF NURSING

**Thesis, June 2022**

**Meliza Ella Qadrina**

**Relationship of Knowledge and Attitudes of Senior High School 3 Padang Students with Anxiety Levels Against Covid-19**

**Contents : xii + 62 pages, 7 tables, 10 attachments**

## ABSTRACT

Covid-19 is a disease that can spread through the air, Covid-19 often causes anxiety, for sufferers or for someone who has been exposed to Covid-19. Anxiety can happen to anyone, especially at the level of adolescent anxiety. Anxiety in Indonesia in 2018 was 6.2% or equivalent to 11 million people, anxiety in West Sumatra reached 699,670 people, anxiety in Padang city was 547 people, 137 of whom were teenagers. One of the causes of this anxiety is Covid-19.

This research is an analytic study, with a cross sectional design. The population in this study were all students of class X-XI Senior Hight School 3 Padang as many as 704 students. Sampling was done by simple random sampling with a total sample of 98 respondents. The research was carried out in January-June 2022, where the research location was at Senior Hight School 3 Padang. data collection using a questionnaire. Data analysis includes univariate, and bivariate.

This study found that 54.1% of student felt anxious, 56.1% of respondents had less knowledge regarding Covid-19, and 65.3% of respondents had negative attitudes regarding Covid-19. A significant relationship was found between knowledge and anxiety (*p-value*= 0.000), and a significant relationship was found between attitudes and anxiety (*p-value*= 0.000).

Based on the results of the study, it can be concluded that knowledge and attitudes contribute to student anxiety during the Covid-19 period. Students are advised to be able to control anxiety by consulting with BK, enriching knowledge about preventing Covid-19, and implementing health protocols.

**Keywords: covid-19, anxiety, knowledge, attitude Bibliography: 45 (2009-2021)**